The Practices of Jesus Part 2 • 1 Corinthians 9:24-27

Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified. (1 Corinthians 9:24-27)

Paul’s other illustrations:

“I have fought the good fight, I have finished the race, I have kept the faith.” (2 Timothy 4:7)

“... you were running a good race. Who hindered you from obeying the truth?” (Galatians 5:7)

“I consider my life worth nothing to me; my only aim is to finish the race and complete the task the Lord Jesus has given me…” (Acts 20:24)

DISCIPLINE
Any activity I can do by direct effort that will eventually lead me to being able to do something I couldn’t do before.

SPIRITUAL DISCIPLINES
Practices based on the lifestyle of Jesus that create a time and space to access the power and presence of the Holy Spirit and, in doing so, lead us toward transformation from the inside out.

The spiritual disciplines are for the purpose of realizing the greater good which is the encounter with Christ Himself. We must always focus our attention upon Christ rather than the disciplines. It is not wrong to study and experiment with the disciplines as long as we always remember that they are only leading us into the reality. The disciplines are a means of grace to lead us into the grace itself. (Richard Foster)

Big Point: A right view of spiritual discipline is that it’s not trying to EARN God’s love, but it’s exerting effort to live aware of His power and presence. “Grace is not opposed to effort; it is opposed to earning.”

GROWING IN THE PRACTICES OF JESUS

• Explore different expressions of spiritual disciplines
• Practice disciplines that speak to your struggles
• Practices for sins of commission: fasting, simplicity, silence, and solitude
• Practices for sins of omission: generosity, gratitude, service, and justice

Consider a “Rule of Life”.

Bulletin announcements on page 2.
What’s happening with the Lighthouse family...

Because relationship with one another is at the core of being a disciple of Christ, we invite you to find community and experience spiritual transformation through LCC’s groups, classes, events, and service opportunities.

**Trunk or Treat:** Lighthouse Kids is excited to host Trunk or Treat from 6:00pm-8:00pm on Monday, October 31. For this outreach event, we will need ALOT of candy and some great volunteers. If you would like to donate candy (individually wrapped), we have buckets in the foyer from now until the day of the event. We are also looking for adults to host a trunk...or a hatchback, pickup bed, etc. Families, make plans now to attend. Be sure to invite your neighbors to come along with you! For all the details and links to sign up to host a trunk, visit [www.lighthousehome.org/trunk-or-treat](http://www.lighthousehome.org/trunk-or-treat).

**Worship Night:** Join us for a special time of prayer and praise. 7:00pm on Friday, November 4. No registration required.

**Membership Class:** For those who are interested in learning about the responsibilities and privileges of LCC membership. This class consists of two sessions: 6:30pm-8:30pm on Friday, November 4 and 8:00am-11:00am on Saturday, November 5. For more info about the Membership Class and to register, check out [www.lighthousehome.org/membership](http://www.lighthousehome.org/membership).

**Coffee With Us:** Join us over in the Coffee Shop for coffee and conversation with our pastors and ministry leaders. 10:15am on Sunday, November 6.

**Baptism Class:** This class is for anyone interested in learning about baptism at LCC. Saturday, November 13 at 9:00am. Visit [www.lighthousehome.org/baptism](http://www.lighthousehome.org/baptism) for more info and a link to register for the class.

**Single Vision Thanksgiving Dinner:** All singles 35+, members, and friends of Single Vision are welcome. Starts at 7:00pm on Friday, November 11 (Veterans Day). Bring a dish to share. No need to RSVP. For more details, visit [www.lighthousehome.org/singlevision](http://www.lighthousehome.org/singlevision).

**Seniors Thanksgiving:** All seniors 55+ are invited to a special time of Thanksgiving on Sunday, November 20 at 1:30pm. This event is free but we do ask that you RSVP by November 7. For a link to sign up, visit [www.lighthousehome.org/lcc-seniors](http://www.lighthousehome.org/lcc-seniors).

**Step By Step:** LCC is hosting the Step By Step Christmas Celebration on Sunday, December 4. At this annual event, we serve dinner to approximately 300 Pierce County families. If you would like to help families in need throughout our area, consider volunteering during this event or donating items to fill gift bags. For all the details, info about Step By Step, and links to volunteer or donate, visit [www.lighthousehome.org/step-by-step](http://www.lighthousehome.org/step-by-step).

**eNews:** Sign up for LCC’s weekly eNews. Get special announcements and messages from our pastors and Leadership Team, updates and emergency notices, and a first look at upcoming groups, classes, and events. Visit [www.lighthousehome.org/enews](http://www.lighthousehome.org/enews) to sign up.

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Weekly bulletin & fill-in sermon notes • See [www.lighthousehome.org/bulletin](http://www.lighthousehome.org/bulletin)
Ways to give • Visit [www.lighthousehome.org/give](http://www.lighthousehome.org/give)
Share your prayer requests with us at [www.lighthousehome.org/prayer](http://www.lighthousehome.org/prayer)
Newer to Lighthouse? Text HELLO to 253-201-2024 and we will be in contact with you!
Sign up for our eNews at [www.lighthousehome.org/enews](http://www.lighthousehome.org/enews).
View our monthly financial highlights: [www.lighthousehome.org/finances](http://www.lighthousehome.org/finances).